



4/1/2023

Dear Patients,

We are writing to inform you that we will be discontinuing our participation in all insurance plans as of **6/1/2023** and switching to self-pay only. We will also be increasing our visit fee slightly after being the same for the past 10 years. This decision was not made lightly, but we believe it is the best way for us to continue to provide you with the high-quality care you have come to expect from us.

There are several reasons for this decision. First, the cost of participating in insurance plans has become increasingly burdensome for our practice. We have found that we are spending more time and resources on paperwork and billing, giving us less time to provide quality care for our patients.

Second, we believe that the current insurance system is not working for many people. We have seen firsthand how difficult it can be for patients to get the care they need, even when they have insurance. We believe that a self-pay practice will give us more flexibility to provide the care that all of our patients need and expect from us, without the constraints of insurance regulations.

Finally, we believe that a self-pay practice will allow us to continue to build stronger relationships with our patients. If we continue to accept insurance, we will not be able to spend as much time with each patient decreasing effectiveness of care. A self-pay practice will allow us to provide the best personalized care for our patients.

We understand that this change may be difficult for some of you. However, we hope you will understand that this is a necessary decision for the long-term health of our practice. We will continue to submit to all current insurance if requested, **but will be out of network so any benefits your insurance company would pay us will be sent directly to you.**

This has been a very difficult decision for us and we appreciate your understanding. While we are navigating through this transition, we want to continue being fully transparent with our patients. If you have any questions or concerns about this change, please do not hesitate to contact us.

Sincerely,

Drs. Nathan Karpinsky and Paul Kukes

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